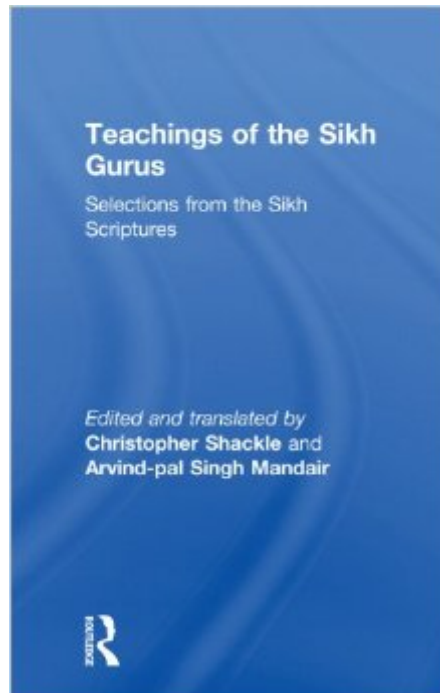


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# Teachings Of The Sikh Gurus: Selections From The Sikh Scriptures



## Synopsis

Recognized masterpieces of Indian literature, the Guru Granth Sahib and the Dasam Granth are fundamental to the Sikh religion, not only in the physical layout of temples and in ceremonies of worship, but as infallible reference texts offering counsel and instruction. Teachings of the Sikh Gurus presents a brand new selection of key passages from these sacred scriptures, translated into modern English by leading experts, Christopher Shackle and Arvind-pal Singh Mandair. Including six longer compositions and many shorter hymns thematically organised by topics such as Time and Impermanence, Self and Mind, Authority, and Ethics, the book's accessible and carefully chosen extracts distil the essence of Sikhism's remarkable textual and intellectual legacy, depicting how its message of universal tolerance suits the contemporary world. The detailed introduction and notes to the translations aid readers' comprehension of the hymns' form and content, as well as providing some historical context, making it an ideal introduction to Sikh literature.

## Book Information

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## Customer Reviews

I am very new to studying Sikhism and have been reading many different books. I didn't want any more books about its history or basic outlines of the religion or books mired in Indian/Punjab culture so when I ordered this book, I was hoping for something different. I was looking for "spiritual" reading, something which would help me to live the teachings and not just to know them intellectually. I wanted a book which would elaborate on the gurus' writings contained in the Adi Granth. It was time for me to mentally organize the scriptures with the religion in order to bring a synthesis and better understanding. I was not disappointed with this book; in fact, my goals were completely met. The authors are western academics with much knowledge of their respective fields. They bring a modern and western approach to Sikhism which makes the teachings accessible to western minds. Their goal it seems to me is to provide a scriptural support for the living of the gurus' teachings. The book makes a case for the applicability of the teachings to contemporary life. The contents are: -Introduction-Japji-Impermanence: the gift and curse of time-Asa ki Var-Mind, Self and Ego-Siddh Gosht-Ethical Being: Action and Grace-Anand Sahib-Guru as Word: The Location of Authority-Shabad Hazare-Communicating Ecstasy: Knowledge and Non-Knowledge-Zafarnama. Each chapter has a short introduction with a brief one line summary of each part of the scripture used. These summary statements show how the scripture applies to the chapter heading and gives a great understanding of a way to live. I do not speak Punjabi but I think that the translation is vibrant and alive. It was easy to read and had a feel of authenticity.

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